

Riley County Resource Guide

Adult Education at Manhattan Tech

3136 Dickens Avenue, Manhattan KS 66503

Hours: 8:00 am - 5:00 pm Monday - Friday
(see website for special holiday hours)

Phone: 785-587-2800

Web: www.manhattantech.edu/adulted

Email: adulted@manhattantech.edu

Fees: Varies on enrollment. Contact for details.

Grant-funded program provides guided pathways to College and University education, as well as the workforce and/or citizenship skills. GED test preparation, adult secondary education, workplace and employment skills, English as a second language, citizenship, and literacy tutoring. Must be 18 or older. Class times vary. Please contact or stop by the campus for enrollment information.

American Red Cross

Phone: 785-537-2180 (rings to Topeka)

Web: www.redcross.org/ks/topeka

Fees: Fees vary on each class. Visit the website for more information on each class, fees, and materials.

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Provides services in disaster preparedness/response/recovery, blood collections, Service to the Armed Forces, workplace CPR/First aid training, and international services.

Area Agency on Aging, North Central - Flint Hills

401 Houston Street, Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-776-9294 or 1-800-432-2703

Web: www.ncfhaaa.com

Email: ncfhaaa@ncfhaaa.com

Fees: None

Provides information and assistance, as well as housing information, to adults 60 years and older, or spouse of someone age 60 years and older, and a resident of the 18-county area.

ATA Bus

5815 Marlatt Avenue, Manhattan KS 66503

Hours: 7:00 am - 5:00 pm Monday - Friday

Phone: 785-537-6345 or 1-877-551-6345

Web: www.flinthillsatabus.com

Fees: Varies for in the city or outside of city.

Provides general public transportation services to all residents of Manhattan, Junction City, Ft Riley, Geary County, Riley County, and part of Pottawatomie County.

Boys & Girls Club of Manhattan

220 S Fifth Street, Manhattan KS 66502

Hours: 9:00 am - 5:00 pm

Phone: 785-539-1947

Web: www.bgclubmanhattan.com

Email: admin@bgclubmanhattan.com

Fees: \$30.00 annual membership fee. \$100.00 semester fee.

Scholarships available to qualifying families.

Provides caring, adult professionals and a safe place for youth to learn and grow where hope and opportunity is provided through life-enhancing programs and character development experiences. Before and after school, during the summer months, and non-school days, the staff engages member's in fun and educational activities that help develop a sound moral compass and influence their ability to succeed in life.

Catholic Charities of Northern Kansas

212 S 4th Street, Suite 120, Manhattan, KS 66502

Hours: 8:00 am - 5:00 pm Monday-Thursday

8:00 am - 2:30 pm Friday

Phone: 785-323-0644

Web: www.ccnks.org

A faith based social service provider who offers basic personal hygiene items, provides pregnancy maintenance and adoption services, counseling services to individuals, families, & couples. They have a program that may be able to assist individuals caught in a payday or title loan. They have emergency financial assistance for rent, utilities, or prescriptions. They cover Clay, Dickinson, Geary, Jewell, Republic, Riley, & Washington Counties.

Community Food Basket of Riley County

(Serving residents from the western boundary of Manhattan to the northern part of the county.)

115 S Broadway, enter at back of building

Riley KS 66531

Hours: 10:00 am - 12:00 pm (noon) Saturday

Phone: 785-485-2697

Provides emergency food for families in need. No referral required. Bring proof of address and fill out a guest information sheet at site. Bring bags and boxes.

Crisis Center Inc.

PO Box 1526, Manhattan KS 66505

Hours: 24 hours per day

Phone: Crisis Numbers: 785-539-2785 (local)

Hotline: 1-800-727-2785, 24 hours

Administration: 785-539-7935

Fees: Services are free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties & Ft Riley.

Provides confidential, round the clock services to victims of sexual or domestic violence. Services include crisis intervention, supportive counseling, advocacy, and safe shelter.

Department for Children and Families (DCF)

2709 Amherst Avenue, Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-776-4011 Manhattan

785-762-5445 Junction City

Web: www.dcf.ks.gov

Provides Food Stamps, applications for KanCare Medicaid for families and elderly/disabled individuals, child care assistance, cash assistance and additional non-agency information. Vocational Rehabilitation to help disabled adults to find employment. Adult and children protective services.

Encore Shop

611 Poyntz Avenue, Manhattan KS 66502

Hours: 1:00 pm - 4:00 pm Monday - Saturday

Phone: 785-776-7866

Provides low price clothing, household items, books, and toys for the community.

Fairy Godmothers Fund

Web: www.fgfund.org

Provides flexible accessible monies to improve the health and well being of area women 18 years of age and older. Maximum grant amount is \$800. The recipients are asked to help someone else in the future through a pay-it-forward principle. Request grant money from one of these agencies:

NC Flint Hills Area Agency on Aging, 785-776-9294

Boys and Girls Club, 785-539-1947

Flint Hills Community Clinic, 785-323-4351

Homecare and Hospice, 785-537-0688

Manhattan Emergency Shelter, 785-537-3113

Salvation Army, 785-539-9399

Shepherd's Crossing, 785-776-1470

Flint Hills Breadbasket

905 Yuma Street, Manhattan KS 66502

Hours: **The Market at Flinthills Bread Basket**

Monday - Friday - 9:00 am - 11:30 am

Tuesday - 4:00 pm - 6:30 pm

Sign in begins 5 minutes prior to opening and guests will shop in order of arrival. All guests must be signed in by 11:30 am (6:20 pm on Tuesday Evening).

Donation & Office Hours

Monday - Friday - 8:00 am - 4:00 pm

Supported Markets with No Referral Required:

Peace-Full Pantry (2500 Kimball Avenue, Manhattan)

Monday & Thursday - 5:00 pm - 7:00 pm

Tuesday - 2:00 pm - 5:00 pm

Sunday - 2:00 pm - 4:00 pm

Grace Baptist (2902 Dickens Avenue, Manhattan)

Tuesday - 9:00 am - 11:30 am

Temple of Peace (330 Sunset Avenue, Manhattan)

1st and 3rd Saturdays - 8:00 am - 12:00 pm (noon)

Partner Markets with Paper Referral Required (From Flint Hills Breadbasket)

First United Methodist (621 Humboldt Street, Manhattan)
Wednesday - 9:00 am - 11:30 am

Seven Dolors (731 Pierre Street, Manhattan)
Thursday - 9:00 am - 11:30 am

First Presbyterian (801 Leavenworth Street, Manhattan)
Friday - 9:00 am - 11:30 am

Phone: 785-537-0730 (Flint Hills Breadbasket)

Email: khagemeister@fhbbmhk.org

Facebook: www.facebook.com/flinthillsbreadbasket

Web: www.flinthillsbreadbasket.org

Eligibility: Resides in our service area (see website) and experiencing food insecurity.

New guests: Bring proof of address and fill out a guest information sheet at site.

Bring to each visit: bags and boxes

Flint Hills Breadbasket and partners provide food and hygiene item assistance to neighbors in our community. It is our vision that there be no one in need among us.

Flint Hills Community Clinic

401 Houston Street, Ste C, Manhattan KS 66502

(Basement of Area Agency on Aging)

Hours: **Administration Hours:**

9:00 am - 5:00 pm Monday - Thursday

9:00 am - 12:00 pm (noon) Friday

Appointment Hours:

1:00 pm - 4:00 pm Tuesday - Thursday

5:30 pm - 7:30 pm Tuesday and Thursday

Phone: 785-323-4351

Email: fhccdirector@gmail.com

Fees: None, donations are accepted (eligible clients only)

Provides non emergency medical services at no charge for Manhattan or Riley County residents with no health insurance living at or below 200% poverty.

Free Meal Sites Through Common Table

Vineyard Community Church (Breakfast to go)

2400 Casement Road, Manhattan KS 66502

Hours: 9:45 am - 10:30 am Sunday

Phone: 785-539-0542

First Congregational United Church of Christ

700 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Sunday

Phone: 785-537-7006

First Lutheran Church (provided by The Church of Jesus Christ of Latter-day Saints)

930 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Monday

Phone: 785-776-5151

St. Patrick's Church

303 16th Street, Ogden KS

Hours: 5:30 pm - 6:30 pm 2nd Monday of the Month

St. Paul's Episcopal Church (Breakfast to go)

601 Poyntz Avenue, Manhattan KS 66502

Hours: 7:00 - 8:30 am Tuesday & Thursday

First Presbyterian Church (Presby Place west side of church)

801 Leavenworth St, Manhattan KS 66502

Hours: 7:30 - 8:15 am Wednesday - (*Breakfast to go*)

6:00 pm - 7:00 pm Tuesday

Phone: 785-537-0518

First United Methodist Church

612 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Wednesday

6:00 pm - 7:00 pm Saturday

First Lutheran Church

930 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Thursday

First Lutheran Church (provided by St. Thomas More Catholic Church)

930 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Friday

Goodwill Store

421 E Poyntz Avenue (off 24 Highway), Manhattan KS 66502

Hours: 9:00 am - 9:00 pm Monday - Saturday

11:00 am - 6:00 pm Sunday

Donations accepted

Phone: 785-320-7850

Web: mokangoodwill.com

Provide clothing and household needs for everyone at an affordable cost.

Harvesters Community Food Network

Leonardville:

Leonardville United Methodist Church**111 N Colorado St**

Hours: 3rd Wednesday every month 9:30 am - 10:30 am

Westview Community Church, 615 Gillespie Dr.

Hours: 1st Friday every month 10:00 am - 11:00 am

Blue Valley United Methodist Church, 835 Church Ave

Hours: 2nd Friday every month 4:30 pm - 5:30 pm

Hands On K-State, Football Parking Lot E-1 Gate 9**(Sept. Oct. Nov. & Feb. Mar. Apr.)**

Hours: 2nd Friday every month 4:00 pm - 6:00 pm

First UMC Manhattan, CiCo Park, Hurlburt Hall, 1710 Avery Avenue

Hours: 3rd Tuesday every month 10:00 am - 11:00 am

Salvation Army, 3rd & Leavenworth

Hours: 4th Tuesday every month 1:00 pm - 2:00 pm

Ogden:

Community Center Parking Lot, 220 Willow Street

Hours: 4th Tuesday every month 9:30 am - 10:30 am

Phone: 785-564-0071

Randolph:

Randolph United Methodist Church, 105 W Garrison

Hours: 1st Friday every month 9:30 am - 10:30 am

Provides free distribution of food to individuals or families in need. Food packages delivered directly from mobile food pantry into cars. It is first come, first served.

Homecare & Hospice and The Good Shepherd Hospice House

3801 Vanesta Drive, Manhattan KS 66503

Hours: 8:00 am - 5:00 pm Office Monday - Friday

Hospice House 24 hours a day

Phone: 785-537-0688 or 1-800-748-7474

Web: www.homecareandhospice.orgEmail: cnolt@heandh.org

Fees: Payment is accepted by Medicaid, Medicare, Commercial Insurance or Private Pay.

Provides a wide range of services including Home Care (bathing, dressing, meal preparation), Home Health Services (nursing care, physical, occupational and speech therapy) and Hospice services both in homes and at The Good Shepherd Hospice House.

Housing and Credit Counseling Inc.

Phone: 800-383-0217

Web: www.HousingAndCredit.org

Provides free counseling and education addressing budgeting, credit building, debt repayment, mortgage and rent delinquency, student loan payment options, homeownership opportunities and tenant and landlord rental housing issues. HCCI is approved by Housing and Urban Development (HUD) and accredited by the Council on Accreditation. HCCI is licensed and regulated in Kansas by the Office of the State Bank Commissioner (license #0000003). HCCI is a member of the National Foundation for Credit Counseling.

Infant Toddler Services of Riley County

Eugene Field Learning Center

1700 Leavenworth St, Manhattan, KS 66502

Hours: 8:00 am - 8:00 pm Monday - Thursday

8:00 am - 5:00 pm Friday

Phone: 785-776-6363

Email: micahk@usd383.orgWeb: www.infant-toddler.org

Provide early intervention services to children birth to three who live in Riley County. These services are provided in the home at no cost to the family. We provide evaluation, intervention, and transition to preschool.

K-State Family Center

139 Campus Creek Complex, Manhattan, KS 66506

Hours: 8:00 am - 8:00 pm Monday - Thursday

8:00 am - 5:00 pm Friday

Phone: 785-532-6984

Web: <https://www.hhs.k-state.edu/familycenter/>Email: family@ksu.edu

Fees: Sliding fee scale and no insurance accepted

Providing quality mental health therapy services to the Manhattan and surrounding communities. They provide individual, couple, family and group therapy to people of all races, cultures, religious affiliation, sexual orientations, gender identities, and financial backgrounds.

Kansas Child Care Training (KCCTO)

828 Mid Campus Drive South
219 Kedzie Hall, Manhattan KS 66506
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-532-7197 or 1-800-227-3578
Web: www.kccto.org
Email: kccto@ksu.edu

Provides quality professional development and training opportunities to family child care providers, child care center staff, and other early education professionals throughout Kansas. View and register all available offerings on the website.

Kansas Legal Services

409 Poyntz Avenue Ste 201, Manhattan KS 66502
Hours: 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm
Monday - Friday
Phone: 785-537-2943

Fees: Low fee court costs or expenses incurred
Provides free legal assistance to low income Kansas for various general civil legal issues where housing, income and family relationships need to be protected. Persons who are victims of crime and/or abused who are at risk for losing housing, income and/or family relationships receive priority assistance. Generally there is no charge for legal services.

Katie's Way

720 Poyntz Avenue, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-320-7331
Web: www.katieswaymanhattan.com
Email: info@katieswaymanhattan.com

Provides evidence-based assessment and treatment of behavioral and mental health conditions for children and young adults, ages 2-26.

Konza Prairie Community Health Center

2030 Tecumseh Road Suite 100, Manhattan, KS 66502
Hours: 8:00 am - 5:00 pm Monday - Thursday
8:00 am - 2:00 pm Friday
Phone: 785-320-7134
Web: www.kpchc.org
Email: konzaprairie@kpchc.org
Fees: Accepts all insurances; Offers discounts for patients based on federal poverty guidelines; Payment plans available. Provides affordable, and comprehensive medical, dental, and behavioral healthcare for all. Other Services: Telehealth available for medical and behavioral health; Medication Assisted Treatment (MAT) for opioid and alcohol use disorder; Patient Resource Coordination and Community Health Workers to assist in access to healthcare, housing, food, transportation resources.

Hablamos español - Full time, in-person Spanish interpreter on staff and other language services are available.

Konza United Way, Inc

555 Poyntz, Suite 215,
PO Box 922, Manhattan KS 66505
Phone: 785-776-3779
Web: konzaunitedway.org
Email: director@konzaunitedway.org
Provides services to Clay, Marshall, Pottawatomie, Riley, Wabaunsee and Washington counties.

Manhattan Emergency Shelter Inc (MESI)

416 S 4th Street, Manhattan KS 66502
Hours: 8:00 am - 9:00 pm Monday - Friday (office hours)
Phone: 785-537-3113
Web: www.mesikansas.org
Email: info@mesikansas.org

Provides three main programs to the community including emergency shelter, supportive housing, and homelessness prevention.

Manhattan Housing Authority

300 N 5th Street
PO Box 1024, Manhattan KS 66505-1024
Hours: 1:00 pm - 5:00 pm Monday
8:00 am - 12:00 pm, and
1:00 pm - 5:00 pm Tuesday - Friday
Phone: 785-776-8588

Web: www.mhaks.com
Provides qualifying applicants with decent, safe, and affordable housing.

Manhattan Workforce Center

322 Houston Street Ste 112, Manhattan KS 66502
Hours: 8:00 am - 12:00 pm & 1:00 pm - 5:00 pm
Monday - Friday
Phone: 785-539-5691
Email: jwirtz@heartlandworks.org
lidia.smith@ks.gov

Web: www.kansasworks.com
Fees: None

Staff can post an employer's job opening and conduct resume searches on KANSASWORKS.com. Provides job seeker and employers information on available programs and services, training providers, career and occupational data, job listings, and veteran services.

Military OneSource

Hours: 24/7 help line
Phone: 1-800-342-9647
Web: militaryonesource.mil
Fee: Free for active duty military, Guard and Reserve Component Members, and their families.

Provides comprehensive information including but not limited to deployment, reunion, relationship, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component members, and their families.

Morning Star Inc

1018 Poyntz Avenue, Manhattan KS 66502

Hours: 12:00 pm - 6:00 pm Monday - Saturday

Phone: 785-587-4644, Contact Richard Stitt

Email: cromorningstar@sbcglobal.net

Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to help connect members to others and their community.

Ogden Friendship House of Hope

226 Riley Ave, Ogden KS 66517

Hours: 1:00 pm - 4:00 pm Tuesday - Thursday

1:00 pm - 6:00 pm Friday

10:00 am - 1:00 pm Saturday

Phone: 785-537-5116

Email: cathy19ofhoh@gmail.com

Provides food and emergency financial aid for Ogden residents only. Thrift store to shop in for anyone for a small financial donation.

Pawnee Mental Health Services

2001 Claflin Road

Manhattan 66502

Hours: 8:00 am - 5:00 pm Monday - Friday,
with evening hours every day except Friday

Phone: 785-587-4300 Clinic

785-587-4342 or 1-800-609-2002 After Hours

Emergency Line

Web: www.pawnee.org

Licensed mental health and licensed substance abuse center providing services in ten north central Kansas counties, including Riley County. Counseling services for adults, children, and families. Services include individual and group therapy, substance abuse programs, Batters Intervention Program, Alcohol and Drug Information classes, psychological testing, medication evaluation and management, psychosocial rehabilitation groups, Mental Health First Aid classes, Parenting Workshops, and Employee Assistance Program.

K-State Research and Extension - Riley County

110 Courthouse Plaza Room B220

Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-537-6350

Email: rl@listserv.ksu.edu

Web: www.riley.ksu.edu

Facebook: www.facebook.com/rileycountyextension

Provides educational programs and information to the public on a wide range of topics.

Riley County Health Department

2030 Tecumseh Road, Manhattan KS 66502

Clinic Hours: 8:30 am - 4:00 pm Monday/Tues/Wed

Noon - 6:00 pm Thursday

8:30 am - 11:00 am Friday

Administration: Office Hours: 8:00 am - 5:00 pm

Phone: 785-776-4779 (Voice prompt system)

Web: www.rileycountyks.gov/286/Health-Department

Fees: Various fees, many based on income except for child care licenses.

Services include reproductive health, childhood immunizations, travel vaccines, WIC program, Mother and Baby program, child care assistance and licensing, community health resources, and communicable disease investigations. Walk in's are now available for some health services. Call to verify if you need an appointment or can walk in.

Salvation Army

310 Poyntz Ave. Manhattan KS 66502

Hours: **Social Services (by appointment):**

10:00 am - 1:00 pm Tuesday

10:00 am - 2:30 pm Wednesday - Thursday

1:00 pm - 2:30 pm Friday

Phone: 785-770-3171

Email: susan.evans@usc.salvationarmy.org

Web: www.salarmymokan.org

Social Services provides emergency assistance for individuals or families in need.

Shepherds Crossing

621 Humboldt Street

Manhattan KS 66502

Hours: 10:00 am - 2:00 pm Tuesday

2:00 pm - 5:30 pm Thursday

Phone: 785-776-1470 (see hours above)

Email: director@shepherdcrossing.info

Web: www.shepherdcrossing.info

Provides financial assistance with utility bills, rent, and prescription drugs.

Social Security Administration

1121 Hudson Avenue, Manhattan KS 66503

Hours: 9:00 am - 4:00 pm Monday - Friday, except
on Wednesday offices close at 12:00 pm

Phone: 1-877-840-5741

Web: www.ssa.gov

Provides information and assistance with disability income and social security.

The Budget Shop

730 Colorado Street, Manhattan KS 66502

Hours: Open all year except month of July and first half of August.

Noon - 3:00 pm Tuesday - Friday

10:00 am - 1:00 pm Saturday

Accepts donations 9:00 am - 3:00 pm

Monday - Friday in the back.

Phone: 785-565-5010

Fees: Price varies with the items.

Provides a resource to purchase used and new clothing items for all ages during the school year. Accept vouchers from other organizations.

The Guardians

Web: www.gafund.org

Providing access to funds for men with limited resources and immediate financial needs within the greater Manhattan area. They provide access to funds for essential services not met by traditional funding sources. Maximum grant amount is \$600.

Be Able, 785-775-1205

Big Brothers Big Sisters, 785-776-9575

Boys and Girls Club, 785-539-1947

Catholic Charities, 785-323-0644

Flint Hills Community Clinic, 785-323-4351

Homecare and Hospice, 785-537-0688

Manhattan Emergency Shelter, 785-537-3113

NC Flint Hills Area Agency on Aging, 785-776-9294

Pawnee Mental Health Services, 785-587-4300

Shepherd's Crossing, 785-776-1470

Thrive, 877-376-0032

3 Rivers Inc

504 Miller Drive

PO Box 408, Wamego KS 66547-0408

Phone: 785-456-9915 or 1-800-555-3994

Web: www.threeriversinc.org

Email: reception@threeriversinc.org

Provides independent living program and services: life skills training, employment preparation, information and referral of disability and elder related resources. Private pay attendant care for elderly and disabled. Serving Atchison, Brown, Clay, Doniphan, Geary, Jackson, Marshall, Nemaha, Pottawatomie, Riley, Wabaunsee, and Washington counties, as well as the Prairie Band Potawatomi Nation.

Thrive!

612 Poyntz Avenue, Manhattan KS 66502

Phone: 877-376-0032

Email: director.thriveflinthills@gmail.com

Web: www.thriveflinthills.com

FB: facebook.com/thrivefh1/

Thrive! is working to reduce poverty by building skills and relationships that strengthen families and individuals. After an initial 10-week training, individuals living in poverty are matched with volunteers from the community to work as a team for 18 months to build the resources needed to improve their lives. The entire family is part of the process. Quality youth programming and a meal are also part of our weekly meetings.

UFM Community Learning Center

1221 Thurston Street, Manhattan KS 66502

Hours: 8:30 am - Noon

1:00 pm - 5:00 pm Monday - Friday

Phone: 785-539-8763

Email: info@tryufm.org

Web: www.tryufm.org

Fees: Depends on the course

Provides educational programs on a wide range of topics.

Note: Many agencies require proof of income before they can offer assistance. Call in advance to find out what documents to bring with you.



Information compiled by:
**K-State Research and Extension -
 Riley County**
110 Courthouse Plaza Room B220
Manhattan KS 66502
785-537-6350
Email: rl@listserv.ksu.edu
Web: www.riley.ksu.edu

Facebook: www.facebook.com/rileycountyextension

Riley County, Kansas State University Agriculture Experiment Station and Cooperative Extension Service K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

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