**Riley County Resource Guide**

**Adult Learning Center, MATC**  
3136 Dickens Avenue, Manhattan KS 66503  
Hours: 9:00 am - 5:00 pm Monday - Thursday  
8:00 am - 12:00 pm (noon) Friday  
Phone: 785-320-4585  
Web: www.ManhattanTech.edu  
Email: alc@manhattantech.edu  
Fees: Varies on enrollment. Please call for details.  
Grant-funded program provides guided pathways to College and University education, as well as the workforce and/or citizenship skills. GED test preparation, adult secondary education, workplace and employment skills, English as a second language, citizenship, and literacy tutoring. Must be 18 or older. Class times vary. Please call or stop by the campus for enrollment information. Classes start every month.

**American Red Cross**  
Phone: 785-537-2180 (rings to Topeka)  
Web: www.redcross.org/ks/topeka  
Fees: Fees vary on each class. Visit the website for more information on each class, fees, and materials.  
The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. Provides services in disaster preparedness/response/recovery, blood collections, Service to the Armed Forces, workplace CPR/First aid training, and international services.

**Area Agency on Aging, North Central - Flint Hills**  
401 Houston Street, Manhattan KS 66502  
Hours: 8:00 am - 5:00 pm Monday - Friday  
Phone: 785-776-9294 or 1-800-432-2703  
Web: www.ncfhaaa.com  
Email: ncfhaaa@ncfhaaa.com  
Fees: None  
Provides information and assistance, as well as housing information, to adults 60 years and older, or spouse of someone age 60 years and older, and a resident of the 18-county area.

**ATA Bus**  
5815 Marlatt Avenue, Manhattan KS 66503  
Hours: 7:00 am - 5:00 pm Monday - Friday  
Phone: 785-537-6345 or 1-877-551-6345  
Web: www.flinthillsatabus.com  
Fees: Varies for in the city or outside of city.  
Provides general public transportation services to all residents of Manhattan, Junction City, Ft Riley, Geary County, Riley County, and part of Pottawatomie County.

**Boys & Girls Club of Manhattan**  
220 S Fifth Street, Manhattan KS 66502  
Hours: 8:30 am - 5:30 pm  
Phone: 785-539-1947  
Web: www.bgclubmanhattan.com  
Email: admin@bgclubmanhattan.com  
Fees: $30.00 annual membership fee. $100.00 semester fee. Scholarships available to qualifying families.  
Provides caring, adult professionals and a safe place for youth to learn and grow where hope and opportunity is provided through life-enhancing programs and character development experiences. Before and after school, during the summer months, and on Friday nights, the staff engages members' fun and educational activities that help develop a sound moral compass and influence their ability to succeed in life.

**Catholic Charities of Northern Kansas**  
212 S 4th Street, Suite 120, Manhattan, KS 66502  
Hours: 8:00 am - 5:00 pm Monday-Thursday  
8:00 am - 2:30 pm Friday  
Phone: 785-323-0644  
Web: www.ccnks.org  
Email: givey@ccnks.org  
A faith based social service provider who offers basic personal hygiene items, provides pregnancy maintenance and adoption services, counseling services to individuals, families, & couples. They have a program that may be able to assist individuals caught in a payday or title loan. They have emergency financial assistance for rent, utilities, or prescriptions. They cover Clay, Dickinson, Geary, Jewell, Republic, Riley, & Washington Counties.

**Community Food Basket, Serving Northern Riley County**  
115 S Broadway, enter at back of building  
Riley KS 66531  
Hours: 10:00 am - 12:00 pm (noon) Saturday  
Phone: 785-485-2697  
Provides emergency food for families in need.

**Crisis Center Inc.**  
PO Box 1526, Manhattan KS 66505  
Hours: 24 hours per day  
Phone: Crisis Numbers: 785-539-2785 (local)  
Hotline: 1-800-727-2785, 24 hours  
Administration: 785-539-7935  
Fees: Services are free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties & Ft Riley.  
Provides confidential, round the clock services to victims of sexual or domestic violence. Services include crisis intervention, supportive counseling, advocacy, and safe shelter.
Department for Children and Families (DCF)
2709 Amherst Avenue, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-776-4011 Manhattan
876-5445 Junction City
Web: www.dcf.ks.gov
Provides Food Stamps, applications for KanCare Medicaid for families and elderly/disabled individuals, child care assistance, cash assistance and additional non-agency information. Vocational Rehabilitation to help disabled adults to find employment. Adult and children protective services.

Encore Shop
611 Poyntz Avenue, Manhattan KS 66502
Hours: 1:00 pm - 4:00 pm Monday - Saturday
Phone: 785-776-7866
Provides low price clothing, household items, books, and toys for the community.

Fairy Godmothers Fund
Web: www.fgfund.org
Provides flexible accessible monies to improve the health and well being of area women 18 years of age and older. Maximum grant amount is $800. The recipients are asked to help someone else in the future through a pay-forward principle. Request grant money from one of these agencies:
- NC Flint Hills Area Agency on Aging, 785-776-9294
- Boys and Girls Club, 785-539-1947
- Flint Hills Community Clinic, 785-323-4351
- Homecare and Hospice, 785-537-0688
- Manhattan Emergency Shelter, 785-537-3113
- Salvation Army, 785-539-9399
- Shepherd’s Crossing, 785-776-1470

Flint Hills Breadbasket
905 Yuma Street, Manhattan KS 66502
Hours: Food Assistance Hours
Monday - Friday
9:00 am - 11:00 am Or call to make an appointment only if you work during those hours.
Volunteers and Donations Hours
Monday - Friday
8:00 am - Noon Or call to make an appointment.
Phone: 785-537-0730
Email: mkieffer@breadbasket.kscoxmail.com
Facebook: www.facebook.com/flinthillsbreadbasket
Web: www.breadbasket.manhattanks.org
Fees: None
Provides food assistance for Manhattan residents struggling to make ends meet.

Flint Hills Community Clinic
401 Houston Street, Ste C, Manhattan KS 66502
(Basement of Area Agency on Aging)
Hours: Administration Hours:
9:00 am - 5:00 pm Monday - Thursday
9:00 am - 12:00 pm (noon) Friday
Appointment Hours:
1:00 pm - 4:00 pm Tuesday - Thursday
5:30 pm - 7:30 pm Tuesday and Thursday
Phone: 785-523-4351
Email: fhccdirector@gmail.com
Fees: None, donations are accepted (eligible clients only)
Provides non emergency medical services at no charge for Manhattan or Riley County residents with no health insurance living at or below 200% poverty.

Free Meal Sites Through Common Table
First Congregational Church
700 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Sunday
Phone: 785-537-7006

Vineyard Community Church (Breakfast to go)
2400 Casement Road, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Tuesday
Phone: 785-537-7006

Riley County Senior Center (provided by The Church of Jesus Christ of Latter-day Saints)
301 N 4th Street, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Saturday
Phone: 785-537-0518

First Presbyterian Church
801 Leavenworth St, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Tuesday
Presby Place (West side of church)
Phone: 785-537-0518

First United Methodist Church
612 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Wednesday
6:00 pm - 7:00 pm Saturday

First Lutheran Church
930 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Thursday 785-537-8532
6:00 pm - 7:00 pm Friday 785-776-5151
(provided by St. Thomas More Catholic Church)

Goodwill Store
421 E Poyntz Ave (off of 24 Highway), Manhattan KS 66502
Hours: 9:00 am - 9:00 pm Monday - Saturday
11:00 am - 6:00 pm Sunday
Donations accepted
Phone: 785-320-7850
Web: mokangoodwill.com
Provide clothing and household needs for everyone at an affordable cost.
Harvesters Community Food Network
Manhattan:
Westview Community Church, 615 Gillespie Dr.
Hours: 1st Friday every month 10:00 am - 11:00 am
Blue Valley United Methodist Church, 835 Church Ave.
Hours: 2nd Friday every month 4:30 pm - 5:30 pm
Cicó Park, Hurlburt Hall, 1710 Avery Avenue
Hours: 3rd Tuesday every month 10:00 am - 11:00 am
Salvation Army, 3rd & Leavenworth
Hours: 4th Tuesday every month 12:00 pm - 3:00 pm
Ogden:
Community Center Parking Lot, 229 Willow Street
Hours: 4th Tuesday every month 10:00 am - 11:00 am
Phone: 785-537-0351
Provides free distribution of food to individuals or families in need. Food packages delivered directly from mobile food pantry into cars. It is first come, first served.

Homecare & Hospice and
The Good Shepherd Hospice House
3801 Vanesta Drive, Manhattan KS 66503
Hours: 8:00 am - 5:00 pm Office Monday - Friday
Hospice House 24 hours a day
Phone: 785-537-0688 or 1-800-748-7474
Web: www.homecareandhospice.org
Email: cnolt@heandh.org
Fees: Payment is accepted by Medicaid, Medicare, Commercial Insurance or Private Pay.
Provides a wide range of services including Home Care (bathing, dressing, meal preparation), Home Health Services (nursing care, physical, occupational and speech therapy) and Hospice services both in homes and at The Good Shepherd Hospice House.

Housing and Credit Counseling Inc.
Phone: 800-383-0217
Web: www.HousingAndCredit.org
Provides free counseling and education addressing budgeting, credit building, debt repayment, mortgage and rent delinquency, student loan payment options, homeownership opportunities and tenant and landlord rental housing issues.
HCCI is approved by Housing and Urban Development (HUD) and accredited by the Council on Accreditation.
HCCI is licensed and regulated in Kansas by the Office of the State Bank Commissioner (license #0000003). HCCI is a member of the National Foundation for Credit Counseling.

K-State Family Center
139 Campus Creek Complex, Manhattan, KS 66506
Hours: 8:00 am - 8:00 pm Monday - Thursday
8:00 am - 5:00 pm Friday
Phone: 785-532-6984
Web: https://www.hhs.k-state.edu/familycenter/
Email: family@ksu.edu
Fees: Sliding fee scale and no insurance accepted
Providing quality mental health therapy services to the Manhattan and surrounding communities. They provide individual, couple, family and group therapy to people of all races, cultures, religious affiliation, sexual orientations, gender identities, and financial backgrounds.

Kansas Child Care Training (KCCTO)
Unger Complex, Suite 151
2323 Anderson Avenue, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-532-7197 or 1-800-227-3578
Web: https://kccto.org
Email: kccto.inc@gmail.com
Provides statewide training system for Kansas early childhood professionals online and community based. (Initial licensing training requirements are provided online only)

Kansas Legal Services
205 S 4th Street Suite G, Manhattan KS 66502
Hours: 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm Monday - Friday
Phone: 785-537-2943
Fees: Low fee court costs or expenses incurred
Provides free legal assistance to low income Kansas for various general civil legal issues where housing, income and family relationships need to be protected. Persons who are victims of crime and/or abused who are at risk for losing housing, income and/or family relationships receive priority assistance. Generally there is no charge for legal services.

Katie’s Way
720 Poyntz Avenue, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-320-7331
Web: www.katieswaymanhattan.com
Email: info@katieswaymanhattan.com
Provides evidence-based assessment and treatment of behavioral and mental health conditions for children and young adults, ages 2-26.
Konza Prairie Community Health Center
2030 Tecumseh Road
Manhattan, KS 66502
Hours: 8:00 am - 5:00 pm Monday - Thursday
8:00 am - 2:00 pm Friday
Phone: 785-320-7134
Web: www.konzaprairiechc.com
Email: konzaprairie@kpchc.org
Fees: Accepts all insurances and a sliding fee scale for those based on federal poverty guidelines.
Provides affordable, and comprehensive medical, dental, and behavioral health care for all. Medical services include, wellness exams, health education, acute and chronic disease management, sexually transmitted disease treatment, family planning, HIV testing, vaccinations, and immunizations. Dental services include, exams, cleanings, extractions, x-rays, repairs, root canals, and dentures.

Konza United Way, Inc
555 Poyntz, Suite 215,
PO Box 922, Manhattan KS 66505
Phone: 785-776-3779
Web: konzaunitedway.org
Email: director@konzaunitedway.org
Provides services to Clay, Marshall, Pottawatomie, Riley, Wabaunsee and Washington counties.

Manhattan Emergency Shelter Inc (MESI)
416 S 4th Street, Manhattan KS 66502
Hours: 8:00 am - 9:00 pm Monday - Friday (office hours)
Phone: 785-537-3113
Web: www.mesikansas.org
Email: info@mesikansas.org
Provides three main programs to the community including emergency shelter, supportive housing, and homelessness prevention.

Manhattan Workforce Center
205 S 4th Street Suite K
Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-539-5691
Email: jwirtz@heartlandworks.org
Web: www.kansasworks.com
Fees: None
Staff can post an employer’s job opening and conduct resume searches on KANSASWORKS.com. Provides job seeker and employers information on available programs and services, training providers, career and occupational data, job listings, and veteran services.

Military OneSource
Hours: 24/7 help line
Phone: 1-800-342-9647
Web: militaryonesource.mil
Fee: Free for active duty military, Guard and Reserve Component Members, and their families.
Provides comprehensive information including but not limited to deployment, reunion, relationship, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component members, and their families.

Morning Star Inc
1018 Poyntz Avenue, Manhattan KS 66502
Hours: 12:00 pm - 6:00 pm Monday - Saturday
Phone: 785-537-4644, Contact Richard Stitt
Email: cromorningstar@sbcglobal.net
Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to help connect members to others and their community.

Ogden Friendship House of Hope
226 Riley Ave
Ogden KS 66517
Hours: 1:00 pm - 6:00 pm Tuesday, Wednesday and Thursday
1:00 pm - 4:00 pm Friday
9:00 am - Noon Saturday
Phone: 785-537-5116
Email: cathy19ofhoh@gmail.com
Provides food and emergency financial aid for Ogden residents only. Thrift store to shop in for anyone for a small financial donation.
**Salvation Army**
308 Poyntz Manhattan KS 66502 (Social Services)
310 Poyntz Manhattan KS 66502 (Thrift Store)
Hours: **Social Services (by appointment):**
10:00 am - 1:00 pm Tuesday
10:00 am - 2:30 pm Wednesday - Thursday
1:00 pm - 2:30 pm Friday
Phone: 785-320-5396
Email: chase.stephens@usc.salvationarmy.org to set up appointment
**Thrift Store:**
10:00 am - 3:00 pm Tuesday - Saturday
Phone: 785-770-3171 (Thrift Store)
Email: sandy.wyatt@usc.salvationarmy.org
Web: www.salarmymokan.org

**Social Services** provides emergency assistance for individuals or families in need (rent, utilities, prescriptions (non-narcotic)). **Thrift Store** sells clothing and household items at a reduced cost.

**Pawnee Mental Health Services**
2001 Claflin Road
Manhattan 66502
Hours: 8:00 am - 5:00 pm Monday - Friday, with evening hours every day except Friday
Phone: 785-587-4300 Clinic
785-587-4342 or 1-800-609-2002 After Hours Emergency Line
Web: www.pawnee.org
Licensed mental health and licensed substance abuse center providing services in ten north central Kansas counties, including Riley County. Counseling services for adults, children, and families. Services include individual and group therapy, substance abuse programs, Batters Intervention Program, Alcohol and Drug Information classes, psychological testing, medication evaluation and management, psychosocial rehabilitation groups, Mental Health First Aid classes, Parenting Workshops, and Employee Assistance Program.

**Shepherds Crossing**
621 Humboldt Street
Manhattan KS 66502
Hours: 10:00 am - 2:00 pm Tuesday
2:00 pm - 5:30 pm Thursday
Phone: 785-776-1470 (see hours above)
Email: director@shepherdscrossing.info
Web: www.shepherdscrossing.info
Provides financial assistance with utility bills, rent, and prescription drugs.

**K-State Research and Extension - Riley County**
110 Courthouse Plaza Room B220
Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-537-6350
Email: rl@listserv.ksu.edu
Web: www.riley.ksu.edu
Facebook: www.facebook.com/rileycountyextension
Provides educational programs and information to the public on a wide range of topics.

**Social Security Administration**
1121 Hudson Avenue
Manhattan KS 66503
Hours: 9:00 am - 4:00 pm Monday - Friday, except on Wednesday offices close at 12:00 pm
Phone: 1-877-840-5741
Web: www.ssa.gov
Provides information and assistance with disability income and social security.

**Shepherds Crossing**
621 Humboldt Street
Manhattan KS 66502
Hours: 10:00 am - 3:00 pm Tuesday - Saturday
Phone: 785-770-3171 (Thrift Store)
Email: sandy.wyatt@usc.salvationarmy.org
Web: www.salarmymokan.org

**Salvation Army**
308 Poyntz Manhattan KS 66502 (Social Services)
310 Poyntz Manhattan KS 66502 (Thrift Store)
Hours: **Social Services (by appointment):**
10:00 am - 1:00 pm Tuesday
10:00 am - 2:30 pm Wednesday - Thursday
1:00 pm - 2:30 pm Friday
Phone: 785-320-5396
Email: chase.stephens@usc.salvationarmy.org to set up appointment
**Thrift Store:**
10:00 am - 3:00 pm Tuesday - Saturday
Phone: 785-770-3171 (Thrift Store)
Email: sandy.wyatt@usc.salvationarmy.org
Web: www.salarmymokan.org

**Social Services** provides emergency assistance for individuals or families in need (rent, utilities, prescriptions (non-narcotic)). **Thrift Store** sells clothing and household items at a reduced cost.

**K-State Research and Extension - Riley County**
110 Courthouse Plaza Room B220
Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-537-6350
Email: rl@listserv.ksu.edu
Web: www.riley.ksu.edu
Facebook: www.facebook.com/rileycountyextension
Provides educational programs and information to the public on a wide range of topics.

**Social Security Administration**
1121 Hudson Avenue
Manhattan KS 66503
Hours: 9:00 am - 4:00 pm Monday - Friday, except on Wednesday offices close at 12:00 pm
Phone: 1-877-840-5741
Web: www.ssa.gov
Provides information and assistance with disability income and social security.

**Riley County Health Department**
2030 Tecumseh Road, Manhattan KS 66502
Clinic Hours: 8:00 am - 4:30 pm Monday/Tues/Wed
9:00 am - 6:30 pm Thursday
8:00 am - 2:30 am Friday
Office Hours: 8:00 am - 5:00 pm Monday/Tues/Wed
8:00 am - 7:00 pm Thursday
8:00 am - 3:00 pm Friday
Phone: 785-776-4779 (Voice prompt system)
Web: www.rileycountyks.gov
Fees: Various fees, many based on income except for child care licenses.
Services include reproductive health, childhood immunizations, travel vaccines, WIC program, Mother and Baby program, child care assistance and licensing, community health resources, and communicable disease investigations.
The Guardians
Web: www.gafund.org
Providing access to funds for men with limited resources and immediate financial needs within the greater Manhattan area. They provide access to funds for essential services not met by traditional funding sources. Maximum grant amount is $600.
- Big Brothers Big Sisters, 785-776-9575
- Boys and Girls Club, 785-539-1947
- Catholic Charities, 785-323-0644
- Circles of Manhattan, 785-477-2563
- Flint Hills Community Clinic, 785-323-4351
- Homecare and Hospice, 785-537-0688
- Manhattan Emergency Shelter, 785-537-3113
- NC Flint Hills Area Agency on Aging, 785-776-9294
- Salvation Army, 785-539-9399
- Shepherd's Crossing, 785-776-1470
- Sunflower CASA Project, Inc. 785-537-6867
- The Restoration Center, 785-537-8809

3 Rivers Inc
504 Miller Drive
PO Box 408, Wamego KS 66547-0408
Phone: 785-456-9915 or 1-800-555-3994
Web: www.threeriversinc.org
Email: reception@threeriversinc.org
Provides independent living program and services: life skills training, employment preparation, information and referral of disability and elder related resources. Private pay attendant care for elderly and disabled. Serving Atchison, Brown, Clay, Doniphan, Geary, Jackson, Marshall, Nemaha, Pottawatomie, Riley, Wabaunsee, and Washington counties, as well as the Prairie Band Potawatomi Nation.

Thrive!
612 Poyntz Avenue, Manhattan KS 66502
Phone: 877-376-0032
Email: director.thriveflinthills@gmail.com
Web: www.thriveflinthills.com
FB: facebook.com/thrivefh1/
Thrive! is working to reduce poverty by building skills and relationships that strengthen families and individuals. After an initial 10-week training, individuals living in poverty are matched with volunteers from the community to work as a team for 18 months to build the resources needed to improve their lives. The entire family is part of the process. Quality youth programming and a meal are also part of our weekly meetings.

UFM Community Learning Center
1221 Thurston Street
Manhattan KS 66502
Hours: 8:30 am - Noon
1:00 pm - 5:00 pm Monday - Friday
Phone: 785-539-8763
Email: info@tryufm.org
Web: www.tryufm.org
Fees: Depends on the course
Provides educational programs on a wide range of topics.

Information compiled by:
K-State Research and Extension - Riley County
110 Courthouse Plaza Room B220
Manhattan KS 66502
785-537-6350
Email: rl@listserve.ksu.edu
Web: www.riley.ksu.edu
Facebook: www.facebook.com/rileycountyextension

Note: Many agencies require proof of income before they can offer assistance. Call in advance to find out what documents to bring with you.

Riley County, Kansas State University Agriculture Experiment Station and Cooperative Extension Service K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

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