**Riley County Resource Guide**

**Adult Education at Manhattan Tech**
3136 Dickens Avenue, Manhattan KS 66503
Hours: 8:00 am - 5:00 pm Monday - Friday
(see website for special holiday hours)
Phone: 785-587-2800
Web: www.manhattantech.edu/adulted
Email: adulted@manhattantech.edu
Fees: Varies on enrollment. Contact for details.
Grant-funded program provides guided pathways to College and University education, as well as the workforce and/or citizenship skills. GED test preparation, adult secondary education, workplace and employment skills, English as a second language, citizenship, and literacy tutoring. Must be 18 or older. Class times vary. Please contact or stop by the campus for enrollment information.

**American Red Cross**
Phone: 785-537-2180 (rings to Topeka)
Web: www.redcross.org/ks/topeka
Fees: Fees vary on each class. Visit the website for more information on each class, fees, and materials.
The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. Provides services in disaster preparedness/response/recovery, blood collections, Service to the Armed Forces, workplace CPR/First aid training, and international services.

**Area Agency on Aging, North Central - Flint Hills**
401 Houston Street, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-776-9294 or 1-800-432-2703
Web: www.ncfhaaa.com
Email: ncfhaaa@ncfhaaa.com
Fees: None
Provides information and assistance, as well as housing information, to adults 60 years and older, or spouse of someone age 60 years and older, and a resident of the 18-county area.

**ATA Bus**
5815 Marlatt Avenue, Manhattan KS 66503
Hours: 7:00 am - 5:00 pm Monday - Friday
Phone: 785-537-6345 or 1-877-551-6345
Web: www.flinthillsatabus.com
Fees: Varies for in the city or outside of city.
Provides general public transportation services to all residents of Manhattan, Junction City, Ft Riley, Geary County, Riley County, and part of Pottawatomie County.

**Boys & Girls Club of Manhattan**
220 S Fifth Street, Manhattan KS 66502
Hours: 8:30 am - 5:30 pm
Phone: 785-539-1947
Web: www.bgclubmanhattan.com
Email: admin@bgclubmanhattan.com
Fees: $30.00 annual membership fee. $100.00 semester fee. Scholarships available to qualifying families.
Provides caring, adult professionals and a safe place for youth to learn and grow where hope and opportunity is provided through life-enhancing programs and character development experiences. Before and after school, during the summer months, and on Friday nights, the staff engages member's in fun and educational activities that help develop a sound moral compass and influence their ability to succeed in life.

**Catholic Charities of Northern Kansas**
212 S 4th Street, Suite 120, Manhattan, KS 66502
Hours: 8:00 am - 5:00 pm Monday-Thursday
8:00 am - 2:30 pm Friday
Phone: 785-323-0644
Web: www.ccnks.org
A faith based social service provider who offers basic personal hygiene items, provides pregnancy maintenance and adoption services, counseling services to individuals, families, & couples. They have a program that may be able to assist individuals caught in a payday or title loan. They have emergency financial assistance for rent, utilities, or prescriptions. They cover Clay, Dickinson, Geary, Jewell, Republic, Riley, & Washington Counties.

**Community Food Basket, Serving Northern Riley County**
115 S Broadway, enter at back of building
Riley KS 66531
Hours: 10:00 am - 12:00 pm (noon) Saturday
Phone: 785-485-2697
Provides emergency food for families in need.

**Crisis Center Inc.**
PO Box 1526, Manhattan KS 66505
Hours: 24 hours per day
Phone: Crisis Numbers: 785-539-2785 (local)
Hotline: 1-800-727-2785, 24 hours
Administration: 785-539-7935
Fees: Services are free and confidential for Clay, Geary, Marshall, Pottawatomie, Riley Counties & Ft Riley.
Provides confidential, round the clock services to victims of sexual or domestic violence. Services include crisis intervention, supportive counseling, advocacy, and safe shelter.
Department for Children and Families (DCF)
2709 Amherst Avenue, Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-776-4011 Manhattan
785-762-5445 Junction City
Web: www.dcf.ks.gov
Provides Food Stamps, applications for KanCare Medicaid for families and elderly/disabled individuals, child care assistance, cash assistance and additional non-agency information. Vocational Rehabilitation to help disabled adults to find employment. Adult and children protective services.

Encore Shop
611 Poyntz Avenue, Manhattan KS 66502
Hours: 1:00 pm - 4:00 pm Monday - Saturday
Phone: 785-776-7866
Provides low price clothing, household items, books, and toys for the community.

Fairy Godmothers Fund
Web: www.fgfund.org
Provides flexible accessible monies to improve the health and well being of area women 18 years of age and older. Maximum grant amount is $800. The recipients are asked to help someone else in the future through a pay-it-forward principle. Request grant money from one of these agencies:
- NC Flint Hills Area Agency on Aging, 785-776-9294
- Boys and Girls Club, 785-539-1947
- Flint Hills Community Clinic, 785-323-4351
- Homecare and Hospice, 785-537-0688
- Manhattan Emergency Shelter, 785-537-3113
- Salvation Army, 785-539-9399
- Shepherd’s Crossing, 785-776-1470

Flint Hills Breadbasket
905 Yuma Street, Manhattan KS 66502
Hours:
- Food Assistance Hours
  Monday - Friday 9:00 am - 11:30 am
  Tuesday - 4:00 pm - 6:30 pm
  Pantry appointments are available outside normal hours if needed by appointment.
- Donation Hours
  Monday - Thursday 9:00 am - Noon & 1:00 - 4:00 pm
  Friday - 9:00 am - Noon & 1:00 - 3:00 pm
Phone: 785-537-0730
Email: rlikes@fhbbmk.org
Facebook: www.facebook.com/flinthillsbreadbasket
Web: www.flinthillsbreadbasket.org
Fees: None
Provides food assistance for Riley County residents struggling to make ends meet.

Flint Hills Community Clinic
401 Houston Street, Ste C, Manhattan KS 66502
(Basement of Area Agency on Aging)
Hours: Administration Hours:
9:00 am - 5:00 pm Monday - Thursday
9:00 am - 12:00 pm (noon) Friday
Appointment Hours:
1:00 pm - 4:00 pm Tuesday - Thursday
5:30 pm - 7:30 pm Tuesday and Thursday
Phone: 785-323-4351
Email: fhccdirector@gmail.com
Fees: None, donations are accepted (eligible clients only)
Provides non emergency medical services at no charge for Manhattan or Riley County residents with no health insurance living at or below 200% poverty.

Free Meal Sites Through Common Table
Vineyard Community Church (Breakfast to go)
2400 Casement Road, Manhattan KS 66502
Hours: 9:45 am - 10:30 am Sunday
Phone: 785-539-0542

First Congregational United Church of Christ
700 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Sunday
Phone: 785-537-7006

First Lutheran Church (provided by The Church of Jesus Christ of Latter-day Saints)
930 Poyntz Ave, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Monday
Phone: 785-776-5151

St. Patrick’s Church
303 16th Street, Ogden KS
Hours: 5:30 pm - 6:30 pm 2nd Monday of the Month

St. Paul’s Episcopal Church (Breakfast to go)
601 Poyntz Avenue, Manhattan KS 66502
Hours: 7:00 - 8:30 am Tuesday & Thursday

First Presbyterian Church (Presby Place West side of church)
801 Leavenworth St, Manhattan KS 66502
Hours: 7:30 - 8:15 am Wednesday - (Breakfast to go)
6:00 pm - 7:00 pm Tuesday
Phone: 785-537-0518

First United Methodist Church
612 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Wednesday
6:00 pm - 7:00 pm Saturday

First Lutheran Church
930 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Thursday

First Lutheran Church (provided by St. Thomas More Catholic Church)
930 Poyntz Avenue, Manhattan KS 66502
Hours: 6:00 pm - 7:00 pm Friday
**Goodwill Store**

421 E Poyntz Ave (off of 24 Highway), Manhattan KS 66502  
Hours: 9:00 am - 9:00 pm Monday - Saturday  
11:00 am - 6:00 pm Sunday  
Donations accepted  
Phone: 785-320-7850  
Web: mokangoodwill.com  
Provide clothing and household needs for everyone at an affordable cost.

**Harvesters Community Food Network**  
**Manhattan:**  
**Westview Community Church, 615 Gillespie Dr.**  
Hours: 1st Friday every month 10:00 am - 11:00 am  
**Blue Valley United Methodist Church, 835 Church Ave.**  
Hours: 2nd Friday every month 4:30 pm - 5:30 pm  
**Football Stadium East Parking Lot, 2001 Kimball Ave**  
Hours: 2nd Friday every month 4:00 pm - 6:00 pm  
**CiCo Park, Hurlburt Hall, 1710 Avery Avenue**  
Hours: 3rd Tuesday every month 10:00 am - 11:00 am  
**Salvation Army, 3rd & Leavenworth**  
Hours: 4th Tuesday every month 1:00 pm - 2:00 pm  
**Ogden:**  
**Community Center Parking Lot, 220 Willow Street**  
Hours: 4th Tuesday every month 9:30 am - 10:30 am  
Phone: 785-537-0351  
Provides free distribution of food to individuals or families in need. Food packages delivered directly from mobile food pantry into cars. It is first come, first served.

**Homecare & Hospice and The Good Shepherd Hospice House**

3801 Vanesta Drive, Manhattan KS 66503  
Hours: 8:00 am - 5:00 pm Office Monday - Friday  
Hospice House 24 hours a day  
Phone: 785-537-0688 or 1-800-748-7474  
Web: www.homecareandhospice.org  
Email: cnolt@heandh.org  
Fees: Payment is accepted by Medicaid, Medicare, Commercial Insurance or Private Pay.  
Provides a wide range of services including Home Care (bathing, dressing, meal preparation), Home Health Services (nursing care, physical, occupational and speech therapy) and Hospice services both in homes and at The Good Shepherd Hospice House.

**Housing and Credit Counseling Inc.**

Phone: 800-383-0217  
Web: www.HousingAndCredit.org  
Provides free counseling and education addressing budgeting, credit building, debt repayment, mortgage and rent delinquency, student loan payment options, homeownership opportunities and tenant and landlord rental housing issues. HCCI is approved by Housing and Urban Development (HUD) and accredited by the Council on Accreditation. HCCI is licensed and regulated in Kansas by the Office of the State Bank Commissioner (license #000003). HCCI is a member of the National Foundation for Credit Counseling.

**K-State Family Center**

139 Campus Creek Complex, Manhattan, KS 66506  
Hours: 8:00 am - 8:00 pm Monday - Thursday  
8:00 am - 5:00 pm Friday  
Phone: 785-532-6984  
Web: https://www.hhs.k-state.edu/familycenter/  
Email: family@ksu.edu  
Fees: Sliding fee scale and no insurance accepted  
Providing quality mental health therapy services to the Manhattan and surrounding communities. They provide individual, couple, family and group therapy to people of all races, cultures, religious affiliation, sexual orientations, gender identities, and financial backgrounds.

**Kansas Child Care Training (KCCTO)**

Unger Complex, Suite 151  
2323 Anderson Avenue, Manhattan KS 66502  
Hours: 8:00 am - 5:00 pm Monday - Friday  
Phone: 785-532-7197 or 1-800-227-3578  
Web: www.kccto.org  
Email: kccto@ksu.edu  
Provides quality professional development and training opportunities to family child care providers, child care center staff, and other early education professionals throughout Kansas. View and register all available offerings on the website.

**Kansas Legal Services**

205 S 4th Street Suite G, Manhattan KS 66502  
Hours: 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm Monday - Friday  
Phone: 785-537-2943  
Fees: Low fee court costs or expenses incurred  
Provides free legal assistance to low income Kansas for various general civil legal issues where housing, income and family relationships need to be protected. Persons who are victims of crime and/or abused who are at risk for losing housing, income and/or family relationships receive priority assistance. Generally there is no charge for legal services.

**Katie’s Way**

720 Poyntz Avenue, Manhattan KS 66502  
Hours: 8:00 am - 5:00 pm Monday - Friday  
Phone: 785-320-7331  
Web: www.katieswaymanhattan.com  
Email: info@katieswaymanhattan.com  
Provides evidence-based assessment and treatment of behavioral and mental health conditions for children and young adults, ages 2-26.
Konza Prairie Community Health Center
2030 Tecumseh Road Suite 100
Manhattan, KS 66502
Hours: 8:00 am - 5:00 pm Monday - Thursday
8:00 am - 2:00 pm Friday
Phone: 785-320-7134
Web: www.kpchc.org
Email: konzaprairie@kpchc.org
Fees: Accepts all insurances and a sliding fee scale for those based on federal poverty guidelines. Provides affordable, and comprehensive medical, dental, and behavioral health care for all. Medical services include, wellness exams, health education, acute and chronic disease management, sexually transmitted disease treatment, family planning, HIV testing, vaccinations, and immunizations. Dental services include, exams, cleanings, extractions, x-rays, repairs, root canals, and dentures.

Manhattan Workforce Center
205 S 4th Street Suite K
Manhattan KS 66502
Hours: 8:00 am - 12:00 pm & 1:00 pm - 5:00 pm
Monday - Friday
Phone: 785-539-5691
Email: jwirtz@heartlandworks.org
lidia.smith@ks.gov
Web: www.kansasworks.com
Fees: None
Staff can post an employer’s job opening and conduct resume searches on KANSASWORKS.com. Provides job seeker and employers information on available programs and services, training providers, career and occupational data, job listings, and veteran services.

Military OneSource
Hours: 24/7 help line
Phone: 1-800-342-9647
Web: militaryonesource.mil
Fee: Free for active duty military, Guard and Reserve Component Members, and their families.
Provides comprehensive information including but not limited to deployment, reunion, relationship, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component members, and their families.

Konza United Way, Inc
555 Poyntz, Suite 215,
PO Box 922, Manhattan KS 66505
Phone: 785-776-3779
Web: konzaunitedway.org
Email: director@konzaunitedway.org
Provides services to Clay, Marshall, Pottawatomie, Riley, Wabaunsee and Washington counties.

Manhattan Emergency Shelter Inc (MESI)
416 S 4th Street, Manhattan KS 66502
Hours: 8:00 am - 9:00 pm Monday - Friday (office hours)
Phone: 785-537-3113
Web: www.mesikinasas.org
Email: info@mesikansas.org
Provides three main programs to the community including emergency shelter, supportive housing, and homelessness prevention.

Manhattan Workforce Center
205 S 4th Street Suite K
Manhattan KS 66502
Hours: 8:00 am - 12:00 pm & 1:00 pm - 5:00 pm
Monday - Friday
Phone: 785-539-5691
Email: jwirtz@heartlandworks.org
lidia.smith@ks.gov
Web: www.kansasworks.com
Fees: None
Staff can post an employer’s job opening and conduct resume searches on KANSASWORKS.com. Provides job seeker and employers information on available programs and services, training providers, career and occupational data, job listings, and veteran services.

Military OneSource
Hours: 24/7 help line
Phone: 1-800-342-9647
Web: militaryonesource.mil
Fee: Free for active duty military, Guard and Reserve Component Members, and their families.
Provides comprehensive information including but not limited to deployment, reunion, relationship, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component members, and their families.

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Phone: 785-537-3113
Web: www.mesikinasas.org
Email: info@mesikansas.org
Provides three main programs to the community including emergency shelter, supportive housing, and homelessness prevention.

Manhattan Housing Authority
300 N 5th Street
PO Box 1024, Manhattan KS 66505-1024
Hours: 1:00 pm - 5:00 pm Monday
8:00 am - 12:00 pm and
1:00 pm - 5:00 pm Tuesday - Friday
Phone: 785-776-8588
Web: www.mhaks.com
Provides qualifying applicants with decent, safe, and affordable housing.

Morning Star Inc
1018 Poyntz Avenue, Manhattan KS 66502
Hours: 12:00 pm - 6:00 pm Monday - Saturday
Phone: 785-587-4644, Contact Richard Stitt
Email: cromorningstar@sbcglobal.net
Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to help connect members to others and their community.

Morning Star Inc
1018 Poyntz Avenue, Manhattan KS 66502
Hours: 12:00 pm - 6:00 pm Monday - Saturday
Phone: 785-587-4644, Contact Richard Stitt
Email: cromorningstar@sbcglobal.net
Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to help connect members to others and their community.

Morning Star Inc
1018 Poyntz Avenue, Manhattan KS 66502
Hours: 12:00 pm - 6:00 pm Monday - Saturday
Phone: 785-587-4644, Contact Richard Stitt
Email: cromorningstar@sbcglobal.net
Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to help connect members to others and their community.

Ogden Friendship House of Hope
226 Riley Ave
Ogden KS 66517
Hours: 1:00 pm - 4:00 pm Tuesday - Thursday
1:00 pm - 6:00 pm Friday
10:00 am - 1:00 pm Saturday
Phone: 785-537-5116
Email: cathy19ofhoh@gmail.com
Provides food and emergency financial aid for Ogden residents only. Thrift store to shop in for anyone for a small financial donation.
Salvation Army
308 Poyntz Manhattan KS 66502 (Social Services)
310 Poyntz Manhattan KS 66502 (Thrift Store)
Hours: Social Services (by appointment):
10:00 am - 1:00 pm Tuesday
10:00 am - 2:30 pm Wednesday - Thursday
1:00 pm - 2:30 pm Friday
Phone: 785-320-5396
Email: chase.stephens@usc.salvationarmy.org to set up appointment
Thrift Store:
10:00 am - 3:00 pm Tuesday - Saturday
Donations: 10:00 am - 1:00 pm Tuesday and Saturday
Phone: 785-770-3171 (Thrift Store)
Email: sandy.wyatt@usc.salvationarmy.org
Web: www.salarmymokan.org
Social Services provides emergency assistance for individuals or families in need (rent, utilities, prescriptions (non-narcotic). Thrift Store sells clothing and household items at a reduced cost.

K-State Research and Extension - Riley County
110 Courthouse Plaza Room B220
Manhattan KS 66502
Hours: 8:00 am - 5:00 pm Monday - Friday
Phone: 785-537-6350
Email: rl@listserv.ksu.edu
Web: www.riley.ksu.edu
Facebook: www.facebook.com/rileycountyextension
Provides educational programs and information to the public on a wide range of topics.

Riley County Health Department
2030 Tecumseh Road, Manhattan KS 66502
Clinic Hours: 8:30 am - 4:00 pm Monday/Tues/Wed;
Noon - 6:00 pm Thursday;
8:30 am - 11:00 am Friday
Administration: Office Hours: 8:00 am - 5:00 pm
Phone: 785-776-4779 (Voice prompt system)
Web: www.rileycountyks.gov
Fees: Various fees, many based on income except
for child care licenses.
Services include reproductive health, childhood immunizations, travel vaccines, WIC program, Mother and Baby program, child care assistance and licensing, community health resources, and communicable disease investigations. Walk in’s are now available for some health services. Call to verify if you need an appointment or can walk in.

The Budget Shop
730 Colorado Street, Manhattan KS 66502
Hours: Open all year except month of July and
first half of August.
Noon - 3:00 pm Tuesday - Friday
10:00 am - 1:00 pm Saturday
Accepts donations 9:00 am - 3:00 pm Monday - Friday in the back.
Phone: 785-565-5010
Fees: Price varies with the items.
Provides a resource to purchase used and new clothing items for all ages during the school year. Accept vouchers from other organizations.
The Guardians
Web: www.gafund.org
Providing access to funds for men with limited re-
sources and immediate financial needs within the greater
Manhattan area. They provide access to funds for essen-
tial services not met by traditional funding sources. Max-
imum grant amount is $600.
   Big Brothers Big Sisters, 785-776-9575
   Boys and Girls Club, 785-539-1947
   Catholic Charities, 785-323-0644
   Circles of Manhattan, 785-477-2563
   Flint Hills Community Clinic, 785-323-4351
   Homecare and Hospice, 785-537-0688
   Manhattan Emergency Shelter, 785-537-3113
   NC Flint Hills Area Agency on Aging, 785-776-9294
   Salvation Army, 785-539-9399
   Shepherd's Crossing, 785-776-1470
   Sunflower CASA Project, Inc. 785-537-6867
   The Restoration Center, 785-537-8809

3 Rivers Inc
504 Miller Drive
PO Box 408, Wamego KS 66547-0408
Phone: 785-456-9915 or 1-800-555-3994
Web: www.threeriversinc.org
Email: reception@threeriversinc.org
Provides independent living program and services: life
skills training, employment preparation, information and
referral of disability and elder related resources. Private
pay attendant care for elderly and disabled. Serving
Atchison, Brown, Clay, Doniphan, Geary, Jackson,
Marshall, Nemaha, Pottawatomie, Riley, Wabaunsee,
and Washington counties, as well as the Prairie Band
Potawatomi Nation.

Thrive!
612 Poynitz Avenue, Manhattan KS 66502
Phone: 877-376-0032
Email: director.thriveflinthills@gmail.com
Web: www.thriveflinthills.com
FB: facebook.com/thriveflinthills
Thrive! is working to reduce poverty by building skills
and relationships that strengthen families and
individuals. After an initial 10-week training, individuals
living in poverty are matched with volunteers from the
community to work as a team for 18 months to build
the resources needed to improve their lives. The entire
family is part of the process. Quality youth program-
ming and a meal are also part of our weekly meetings.

UFM Community Learning Center
1221 Thurston Street
Manhattan KS 66502
Hours: 8:30 am - Noon
1:00 pm - 5:00 pm Monday - Friday
Phone: 785-539-8763
Email: info@tryufm.org
Web: www.tryufm.org
Fees: Depends on the course
Provides educational programs on a wide range of
topics.

Information compiled by:
K-State Research and Extension - 
Riley County
110 Courthouse Plaza Room B220
Manhattan KS 66502
785-537-6350
Email: rl@listserv.ksu.edu
Web: www.riley.ksu.edu
Facebook: www.facebook.com/rileycountyextension

Note: Many agencies require proof of income be-
fore they can offer assistance. Call in advance to find
out what documents to bring with you.

Riley County, Kansas State University Agriculture Experiment
Station and Cooperative Extension Service K-State, County Ex-
tension Councils, Extension Districts, and U.S. Department of
Agriculture Cooperating. K-State Research and Extension is an
equal opportunity provider and employer.

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