Bacon and Mushroom Bite-Size Quiche

Cook Time: 20-25 Minutes Makes: 3 ½ dozen

Ingredients

8 slices bacon

1/4 pound fresh mushrooms, chopped

1 tablespoon butter

⅓ cup green onion, chopped

1 3/3 cups Swiss cheese, shredded

Pastry for double-crust pie, (homemade or purchased)

5 eggs

1 ¾ cups sour cream

Directions

- 1. Heat oven to 375 degrees F.
- 2. On a lightly floured board, roll out the pastry dough 1/16-inch thick.
- 3. Using a 3-inch cutter, cut out 42 circles; re-roll scraps as needed.
- 4. Fit circles into bottoms and slightly up sides of lightly greased 2 1/2-inch muffin pans.
- 5. Meanwhile, fry bacon slices until crisp, drain; crumble or chop. Chop mushrooms, saute in butter until limp and liquid evaporates. Combine bacon, mushrooms, green onion and cheese.
- 6. Divide filling equally among muffin cups. In large bowl, beat together eggs, add sour cream and stir until smooth.
- 7. Spoon about 1 tablespoon into each muffin cup.
- 8. Bake until puffed and light brown, 20-25 minutes.
- 9. Cool in pans 5 minutes; lift out. Serve warm or let cool on wire racks.
- 10.If made ahead, wrap cooled quiches airtight, and refrigerate overnight. Reheat, uncovered, in a 350 degrees F. oven for about 10 minutes.

Calories: 95 calories Protein: 3 grams Fat: 7 grams Sodium: 87 milligrams Cholesterol: 35 milligrams Saturated Fat: 3 grams Carbohydrates: 4 grams Fiber: 0 grams

Source: www.HolidayFoodSafety.org

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